

INTERNATIONAL INDEX OF ERECTILE DYSFUNCTION

NAME _____ DATE _____/_____/_____

Please answer the following questions as honestly as possible with regard to your erectile function and sex life over the course of **the last 4 weeks**. The following definitions may apply:

- sexual activity includes intercourse, caressing, foreplay & masturbation
- sexual intercourse is defined as sexual penetration of your partner
- sexual stimulation includes foreplay, erotic pictures etc.
- ejaculation is the ejection of semen from the penis (or the feeling of this)
- orgasm is the fulfilment or climax following sexual stimulation or intercourse

1.	How often were you able to get an erection during sexual activity?	0 No sexual activity 1 Almost never or never 2 A few times (less than half the time) 3 Sometimes (about half the time) 4 Most times (more than half the time) 5 Almost always or always
2.	When you had erections with sexual stimulation, how often were your erections hard enough for penetration?	0 No sexual activity 1 Almost never or never 2 A few times (less than half the time) 3 Sometimes (about half the time) 4 Most times (more than half the time) 5 Almost always or always
3.	When you attempted intercourse, how often were you able to penetrate (enter) your partner?	0 Did not attempt intercourse 1 Almost never or never 2 A few times (less than half the time) 3 Sometimes (about half the time) 4 Most times (more than half the time) 5 Almost always or always
4.	During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?	0 Did not attempt intercourse 1 Almost never or never 2 A few times (less than half the time) 3 Sometimes (about half the time) 4 Most times (more than half the time) 5 Almost always or always
5.	During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?	0 Did not attempt intercourse 1 Extremely difficult 2 Very difficult 3 Difficult 4 Slightly difficult 5 Not difficult
6.	How many times have you attempted sexual intercourse?	0 No attempts 1 One to two attempts 2 Three to four attempts 3 Five to six attempts 4 Seven to ten attempts 5 Eleven or more attempts
7.	When you attempted sexual intercourse, how often was it satisfactory for you?	0 Did not attempt intercourse 1 Almost never or never 2 A few times (less than half the time) 3 Sometimes (about half the time) 4 Most times (more than half the time) 5 Almost always or always
8.	How much have you enjoyed sexual intercourse?	0 No intercourse 1 No enjoyment at all 2 Not very enjoyable 3 Fairly enjoyable 4 Highly enjoyable 5 Very highly enjoyable

INTERNATIONAL INDEX OF ERECTILE DYSFUNCTION

9.	When you had sexual stimulation or intercourse, how often did you ejaculate?	<ul style="list-style-type: none"> 0 No sexual stimulation or intercourse 1 Almost never or never 2 A few times (less than half the time) 3 Sometimes (about half the time) 4 Most times (more than half the time) 5 Almost always or always
10.	When you had sexual stimulation or intercourse, how often did you have the feeling of orgasm or climax?	<ul style="list-style-type: none"> 1 Almost never or never 2 A few times (less than half the time) 3 Sometimes (about half the time) 4 Most times (more than half the time) 5 Almost always or always
11.	How often have you felt sexual desire?	<ul style="list-style-type: none"> 1 Almost never or never 2 A few times (less than half the time) 3 Sometimes (about half the time) 4 Most times (more than half the time) 5 Almost always or always
12.	How would you rate your level of sexual desire?	<ul style="list-style-type: none"> 1 Very low or none at all 2 Low 3 Moderate 4 High 5 Very high
13.	How satisfied have you been with your overall sex life?	<ul style="list-style-type: none"> 1 Very dissatisfied 2 Moderately dissatisfied 3 Equally satisfied & dissatisfied 4 Moderately satisfied 5 Very satisfied
14.	How satisfied have you been with your sexual relationship with your partner?	<ul style="list-style-type: none"> 1 Very dissatisfied 2 Moderately dissatisfied 3 Equally satisfied & dissatisfied 4 Moderately satisfied 5 Very satisfied
15.	How do you rate your confidence that you could get and keep an erection?	<ul style="list-style-type: none"> 1 Very low 2 Low 3 Moderate 4 High 5 Very high